

NOVEL CORONAVIRUS (COVID-19)

NMC CONTINUE TO WORK - RETURN TO WORK

Guidelines for Staff | Revised April 20, 2020

EXPOSURE IN THE PAST 14 DAYS					
LOW RISK				HIGH RISK	
	You had NO exposures to someone with confirmed COVID-19	You traveled internationally or to New York State, New Jersey or Connecticut	You have had unprotected contact with someone with confirmed COVID-19	You live with someone with confirmed COVID-19	You had confirmed COVID-19
SYMPTOMS IN THE PAST 24 HOURS	NO relevant symptoms (listed in boxes below)	All clinical areas: • You may work with a mask ¹	All clinical areas: • You may work with a mask ¹ • Consult with manager about patient assignment ³	High Risk Units ² : • No entry Non-High Risk Areas ³ : • You may work with a mask • Consult with manager about patient assignment	All clinical areas: • No entry without Employee Health (EH) Clearance Letter
	Any symptoms below: • Fever ≥ 37.8C / 100F • Cough • Sore Throat • Shortness of breath or difficulty breathing • Unexplained muscle aches • Loss of sense of smell or taste • Nasal congestion (different from pre-existing allergies) • Diarrhea (≥ 3 stools in 24 hr period) • Eye redness +/- discharge (pink eye, not allergy related)	All clinical areas: • No entry without Employee Health (EH) Clearance Letter			
	Runny Nose or sneezing alone that is not usual for you (different from pre-existing allergies)	High Risk Units ² : • No entry Non-High Risk Areas ³ : • You may work with a mask • Consult with manager about patient assignment		All clinical areas: • No entry without Employee Health (EH) Clearance Letter	

1. Follow these procedures when returning to work:

- Follow Universal Surgical Mask Policy and practice meticulous hand hygiene
- Self-monitor for symptoms, including temperature, at the start and midway through each shift
- Notify supervisor, leave work and call COVID-19 Hotline if any other symptoms arise (831-772-7365)

2. High Risk Units: Employees and providers with symptoms or high risk exposures cannot work in high risk units:

- Neonatal Intensive Care Unit (NICU)

3. Non-High Risk Units: Employees and providers with symptoms or high risk exposures should consult with attending/supervisor to prevent contact with high risk populations across all inpatient needs.

- Immunocompromised patients (Solid organ transplant (SOT), SOT listed, SOT evaluation in process, primary immunodeficiency, and receiving immunosuppressants including chronic high-dosage steroid, chemotherapy, biologics)